

Jeri Shuster, M.D., P.A.
and Women's Center, Inc.

Jeri Shuster, M.D., Fellow of the American College Obstetricians and Gynecologists
Kathryn Cervi, C.R.N.P., Women's Health Care Nurse Practitioner

I hereby request and authorize _____ to perform upon me the procedure

Nexplanon Removal

Nexplanon is licensed to have a contraceptive effect for three years after insertion. After this time it needs to be removed and replaced or another form of contraception used.

After removal, the hormone levels from the implant become undetectable within a few days. This means that without another method of contraception, the patient can potentially fall pregnant soon afterwards.

A small dose of local anesthetic is injected into the skin at the lower end of the implant to numb the skin. When numb, a small cut is made through which the implant can be pushed to remove it.

Steristrips are placed over the site of the cut to hold the skin edges together to allow healing. The area will need to be kept clean and dry for 5 days.

A pressure bandage will be placed over the wound to reduce the risk of bruising or swelling. This can be removed after 24 hours.

There is a small chance of infection occurring at the wound. Please report redness/pus(rare)/fever > 100.4

I have read the above and consent to the removal of the Nexplanon device as described.

Additional contraception has been advised for seven days after removal/replacement of Nexplanon

NAME _____ DATE _____

SIGNATURE _____

CLINICIAN SIGNATURE _____