

Jeri Shuster, M.D., P.A.
and Women's Center, Inc.

Jeri Shuster, M.D., Fellow of the American College Obstetricians and Gynecologists
Kathryn Cervi, C.R.N.P., Women's Health Care Nurse Practitioner

QUESTIONS AND ANSWERS ABOUT LASER VEIN REMOVAL

WHAT DOES IT FEEL LIKE?

In most cases, the CoolGlide Laser can feel like a mild sting for a fraction of a second. However, the laser has a built-in cooling tip that not only protects the skin, but also helps to minimize the discomfort. Using a cool gel during the treatment also minimizes the discomfort. In addition, 2 tablets of Extra-strength Tylenol may be taken one hour before the treatment. If there is severe discomfort, a prescription for a local anesthetic cream can be given.

HOW MANY TREATMENTS ARE NECESSARY?

In many cases, significant improvement is seen in as few as 1-2 treatments. Treatments can be scheduled at 8-12 week intervals, depending on the rate of clearance following each treatment. After time, some new spider veins may appear and therefore, additional treatments may be necessary.

WHEN CAN NORMAL ACTIVITIES BE RESUMED?

Normal activities can be resumed almost immediately, although refrain from vigorous activities for at least 24 hours.

IS IT SAFE?

Laser vein reduction is a common procedure that is safely performed on thousands of patients annually. Complications are rare and usually minor. However, complications may occur. They can be minimized by closely adhering to the detailed instructions that we have provided.