

Jeri Shuster, M.D., P.A.
and Women's Center, Inc.

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The staff of Dr. Shuster's office would like to make your appointment day pleasant and comfortable for you. The best results may be obtained if the following instructions are followed.

Laser Vein Pre-Treatment Instructions

The area(s) being treated cannot be exposed to the sun or tanning beds for 2-3 months. A broad spectrum (UVA/UVB) sunscreen of SPF 30+ should be applied whenever exposed to the sun. Refrain from self tanners for 3 weeks prior to treatment. Remember the face is always exposed to UV when outdoors and SPF 30+ must be reapplied every 1-2 hours in order to provide effective protection.

Inform the office of all medications/supplements you may be taking. Avoid aspirin and pain reliever medications containing Ibuprofen for 7 days prior to treatment. Blood thinners and supplements containing Vitamin E and Fish and Omega oils must also be avoided 7 days prior.

Avoid retinols, Tazorac, glycolic acids, alpha/beta hydroxy acids, strong acne medications, and any other irritants for 5-7 days prior to treatment.

Avoid other laser treatments, microdermabrasions, chemical peels, and other exfoliating treatments and products for at least 1 week prior to treatment, unless otherwise directed by your practitioner.

Skin that is inflamed or broken cannot be treated. Accutane must not have been taken 6 months prior to laser treatments. Many antibiotics cause photosensitivity and can increase chances of laser burns, please refrain from treatment for at least 1 week from last dose. Please postpone treatments if you are pregnant.

Please note that you may be more sensitive to the procedure if you are premenstrual and can take 2 over the counter Tylenol or Ibuprofen prior to your laser Genesis treatment.

