

Jeri Shuster, M.D., P.A.
and Women's Center, Inc.

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The staff of Dr. Shuster's office would like to make your appointment day pleasant and comfortable for you. The best results may be obtained if the following instructions are followed.

Laser Vein Post-Treatment Instructions

Veins may blanch and/or appear blurry directly after treatment. Some swelling may also be visible for 24 hours. Slight bruising and/or darkening of the area may occur up to 21 days after treatment, and will be absorbed by the body over time. Veins will gradually lessen in appearance over 2-8 weeks, depending upon the size of the vessel..

Wash area with a gentle cleanser and do not use glycolics, alpha/beta hydroxy acids, or scrubbing agents for 3 days following the procedure.

Wash with cool or lukewarm water, avoid hot water. Apply moisturizer after washing area.

Apply sunscreen daily, using a broad spectrum (UVA/UVB) SPF 30+. Avoid the sun as much as possible. **If you plan to be outdoors during the daytime, wear a hat or other protective covering along with SPF 30+. Remember to reapply SPF 30+ every 1-2 hours. You are exposed to UV rays from morning to night, rain, snow, or shine, and even while driving in your car!** UV rays can cause permanent discoloration to the skin, especially while the skin is still healing and bruised.

If the skin is broken or a blister appears, apply an antibiotic ointment such as Bacitracin 2-3 times daily. Contact the office immediately. Do not pop or pick the blister.

Makeup may be applied after treatment as long as skin is no longer pink, swollen, irritated, inflamed, or broken. Mineral makeup is recommended post treatment.

