

Jeri Shuster, M.D., P.A.
and Women's Center, Inc.

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The staff of Dr. Shuster's office would like to make your appointment day pleasant and comfortable for you. The best results may be obtained if the following instructions are followed.

Genesis Post-Treatment Instructions

Redness and sensation similar to sunburn may be noticed for up to 2 hours following treatment.

Many patients notice an immediate improvement in skin tone and texture, as well as smaller pore size. Patients who experience a bumpy, rash-like appearance following treatment may take an over the counter antihistamine to diminish this response. These patients should take an over the counter antihistamine 1 hour prior to their next laser Genesis procedure.

Wash face with a gentle cleanser and do not use glycolics, alpha/beta hydroxy acids, or scrubbing agents for 3 days following the procedure.

Wash with cool or lukewarm water, avoid hot water.

Apply sunscreen daily, using a broad spectrum (UVA/UVB) SPF 30+. Avoid the sun as much as possible. **If you plan to be outdoors during the daytime, wear a hat or other protective covering along with SPF 30+. Remember to reapply SPF 30+ every 1-2 hours. You are exposed to UV rays from morning to night, rain, snow, or shine, and even while driving in your car!**

If the skin is broken or a blister appears, apply an antibiotic ointment such as Bacitracin 2-3 times daily. Contact the office immediately. Do not pop or pick the blister.

Makeup may be applied after treatment as long as skin is no longer pink, swollen, irritated, inflamed, or broken. Mineral makeup is recommended post treatment.

